

Col Padmanabhan (Retd)

Mob-9447666311

**Email- palerip@gmail.com Bangalore,
Karnataka**



Col Padmanabhan (Retd) has dedicated himself for motivating youth to join Armed Forces by visiting various schools, colleges including professional, also uploading 40 YouTube videos related to SSB topics to help youth during Covid time, conducting classes on ZOOM.

He is also committed to uplift the underprivileged of the society by joining Lions International " and starting TRUST named DHARMA CHARITABLE TRUST.

Details of his social services activities on various fronts are appended below:-

MOTIVATIONAL TALK TO YOUTH TO JOIN ARMED FORCES.

Details of Institutions are as follows :- (Photos put separately).

- > S N Engg College, Payyanur (Kannur).
- > St Mary' s School, Payyanur
- > Payyanur College
- > Marthom College, Cochin(kochi)
- > Vidhya Bharati College , Amravati (Mah)
- > SN Vidhya Mandir , Kannur
- > AKG Institute of Health Sciences.
- > Mahe Dental College, MAHE
- > APS Kannur
- > Students of Colleges and Schools at Trikaripur arranged at Lions hall
- > Aspiring candidates for SSB all over India on leadership on ZOOM

PROJECTS UNDERTAKEN AS MANAGING TRUSTEE OF DHARMA CHARITABLE TRUST.

I have formed above Trust as MANAGING TRUSTEE to help out the downtrodden. These are as follows:-

➤ PRESSURE INJECTOR SYSTEM TO DISTRICT HOSPITAL Kannur

District Hospital Kannur gets approx 2000 OPD cases per day belonging to poor families. The CT SCAN machine was not functional more than three years. Patients had to spend more money to private hospital for CT Scan. Main part of Machine known as PRESSURE INJECTOR ASSEMBLY costs 17 Lakh plus. Approached L& T Infotech HYD to help out through their CSR fund through a detailed proj Report. L&T Foundation came and made sys functional.

➤ 6 SEATER ELECTRIC BUGGY TO MALABAR CANCER CENTRE KANNUR

MCC Thalassery (Kannur) gets approx 700 CANCER patients per day. Poor patients after debussing has to walk 300 mtrs uphill. Supdt Dr SATHEESH requested me if I could arrange a SIX SEATER ELECTRIC BUGGY costing 6 lakhs. With support of Manappuram Foundation, arranged the fund and provided the Buggy.

➤ PROVISION OF OXYGEN PLANT SYSTEM TO AVE MARIA PALLIATIVE CARE CENTRE MANGALORE.

The Director requested me if could arrange an Oxygen Plant system to help out the terminally ill patients as the Oxygen concentrator were not effective. Wanted pipeline to each patient bed side providing Oxygen Supply. System costed 1,32,000/ and the Trust has arranged it.

➤ INDUSTRIAL DRIER MACHINE.

AVE MARIA PALLIATIVE CARE CENTRE, again requested to arrange an Industrial Drier Machine to assist them to dry the linen since the patients soil frequently needing to wash and dry fast. The system was costing 2.5 Lakh rs and same was arranged.

➤ AIR TRIP TO DIFFERENTLY ABLED STUDENTS OF ASHRAYA SPECIAL SCHOOL KANNUR.

During the lunch arranged for 119 spl students and staff on 25 jun 24 few students requested me if I could sponsor a flight with their parents. Identified 10 spl students medically fit to fly with their parents (total 20). They were flown from Kannur International Airport to Trivandrum International Airport, shown them around Trivandrum and got back to Kannur, fully taken care of.

➤ SCHOLARSHIP TO 20 DIFFERENTLY ABLED STUDENTS OF AKKARA FOUNDATION.

➤ FOOD AT ORPHANAGES

Foods were arranged at following Orphanages:-

- ASHRAYA ORPHANAGE WHITEFIELD BANGALORE.
- MAITRI ORPHANAGE KANNUR
- ORPHANAGE AT AZHIKAL KANNUR
- HOLI MOUNT KANNUR
- CAPS SPL SCHOOL KANNUR
- PRATHYASA BHAWAN KANNUR
- HOPE ORPHANAGE PILATHARA
- MERI BHAWAN IRITTY
- AMLA BHAWAN KANNUR
- MARILAC BHAWAN IRITTY

➤ ROLLING TROPHY WITH CASH AWARD

I have instituted ROLLING TROPHY with CASH AWARD to the following:-

- Best Student of APS Kannur
- Best Student of St Micheal School Kannur
- Best Cadet of NCC GP AMRAVATI (Mah) where I as GP CDR.
- Best ward of Jco/ OR standing first Academically of 1832 Regt which I commanded.
- Best Lion of District 318E for conducting max social service at pers level.

FINANCIAL SUPPORT

- > Donated rs 50,000/ to Differently abled students of Thalassery spl School
- > Donated rs 50,000/ to MALABAR CANCER CENTRE to feed the inmates admitted.

SPONSORING DIALYSIS AT DISTRICT HOSPITAL KANNUR

Sponsored 20 Dialysis per month for 61 months (5 yr 01 month)

at District Hospital Kannur, patients belonging to Below Poverty Line.



AKG Institute of Health Sciences



SN Vidhya Mandir Kannur



Vidya Bharati Mahavidyalaya, Amravati
National Cadet Corps(NCC)



Organizes
A Motivational Talk on
“Why to Join Armed Forces”

On Wednesday, 23rd March 2022 at 4.00 PM

Join Webex Meeting

<https://vbsm.webex.com/vbsm/j.php?MTID=m35a45a1f2605e0040731a5739259d905>



by

Col. P. Padmanabhan

Ex Group Commander Amravati,
District President Paralympic Sports,
Vice President Cannanore Cantonment,
Regional Chairperson Lions Club.

Meeting ID:- 25182681426 Passcode :- NCC23

Organizing Committee

Dr. P. S. Yenkar
Principal

Capt. Prof. Mithilesh Rathore
Associated NCC Officer

Mr. A. P. Ingole
CTO NCC

Vidhya Bharati College Amravati
(Maharashtra)

MarThoma College For Women

Perumbavoor

22 (K) BN,NCC,ELOOR



Presents a webinar on

" LIFE IN ARMY "

as part of commemoration of Army Day on 15 January 2021

CHIEF GUEST



COL PADMANABHAN

Platform: Google meet
Time 7 : 30 PM

Marthoma College Cochin

PAYYANUR COLLEGE, PAYYANUR

Career Guidance and Placement Cell
In association with
General Alumni Association,
32 Kerala Battalion NCC and IQAC

Webinar On,



Faculty: Col. Padmanabhan Paleri
Vice President Kannur Contonment



Date 19-11-20
Time 2.45 Pm

Queries: Dr. P.Sathosh Assistant Professor Department of Commerce +919447685422

Payyanur College



St
ഇന്റേണീയം

25.07.22

Estd. 23.05.2020



ചങ്ങാതിക്കൂട്ടം
കലാ-സാംസ്കാരിക-വിജ്ഞാന-സൗഹൃദ ബേദി

ഇന്നത്തെ പ്രപഞ്ചം

Why did Pak trigger Karegil war!

42 വർഷക്കാലം ഇന്ത്യാ മഹാരാജ്യത്തെ മറ്റു കച്ചുറ്റു ശക്തികളിൽ നിന്നും സംരക്ഷിച്ചു..... കാശ്മീർ യുദ്ധത്തിൽ നേരിട്ട് പങ്കെടുത്ത് രുന്നോടെക്ക് ദീർഘന നയിച്ചു.... രാജ്യത്തിന്റെ അഭിമാനം...

ഭക്തൻ പാർമനാഭൻ



ഇന്ന് രാത്രി 8 മണിക്ക്
ചങ്ങാതിക്കൂട്ടത്തിൽ മനസ്സ് തുറക്കുന്നു.

St Marys High School, Payyanur



SN College, Payyanur



Mahe Institute of Dental Science



LIONS CLUB TRIKARIPUR

District 318E, Region 3, Zone 2, Club No:132748



എസ്.എസ്.എൽ.സി, പ്ലസ് ടു, എഞ്ചിനീയറിംഗ് , അഗ്രികൾച്ചർ
മറ്റ് ഇതര പ്രൊഫഷണൽ പരിക്ഷകളിൽ വിജയിച്ച
വിദ്യാർത്ഥികൾക്കും അവരുടെ
രക്ഷിതാക്കൾക്കും വേണ്ടി സംഘടിപ്പിക്കുന്ന

സൗജന്യ കരിയർ ഗൈഡൻസ് സെമിനാർ

ഇന്ത്യൻ പ്രതിരോധ സേനാവിഭാഗത്തിന് കീഴിലെ ഓഫീസർ
റാങ്കിലുള്ള ആർമി, നേവി, എയർഫോഴ്സ് തുടങ്ങിയ
പ്രൊഫഷണൽ വിദ്യാഭ്യാസ സ്ഥാപനങ്ങളിലേക്കുള്ള പ്രവേശനം അധിഷ്ഠിത
തൊഴിൽ മേഖലാസാധ്യതകളെ കുറിച്ചും ബോധവൽക്കരണം

റിസോഴ്സ് പേഴ്സൺ



റിട്ട കേണൽ
ശ്രീ.പത്മനാഭൻ.പി

സ്ഥലം: ശ്രീപ്രഭ മിനി ഓഡിറ്റോറിയം
നടക്കാവ്, തൃക്കരിപ്പൂർ
സമയം: 09.07.2022 ശനി
രാവിലെ 9 മുതൽ 1 മണി വരെ

- ഉപരിപഠന സാധ്യതകൾ
- ഉന്നത തൊഴിൽ മേഖലാ സാധ്യതകൾ
- പ്രവേശന നടപടിക്രമങ്ങൾ
- ഗോൾ സെറ്റിംഗ്

പങ്കെടുക്കാൻ ആഗ്രഹിക്കുന്നവർ താഴെ കൊടുത്തിരിക്കുന്ന നമ്പറുകളിൽ ജൂലൈ 7 നു മുൻപ് പേർ രജിസ്റ്റർ ചെയ്യാൻ താൽപര്യം

Ln:പ്രദീപ് കുമാർ രാമപുരത്ത്
പ്രസിഡണ്ട്
828138 4888

Ln.Er: സജേഷ് പി.പി
സെക്രട്ടറി
9633829516

Ln.Er: സുരേഷ് കുമാർ പി.വി
ട്രഷറർ
9446169856



ISHA

GROUP OF CONSTRUCTION

PLAN, ESTIMATE, CONTRACT WORKS,
ARCHITECTURAL DESIGNING, PROJESCT MANAGEMENT CONTROL

9633829516
9778127300

Students of all colleges and high schools
at Trikaripur held in lions hall

LEARN | PRACTICE | ACHIEVE



**TOPIC -
LEADERSHIP QUALITIES**

**WEDNESDAY
08:00 PM
On 2th
February**



**JOIN SURE
SHOT
CLUB**

**BY :- COL. P. PADNABHAN(EX. GROUP
COMMANDER AMRAVATI, DISTRICT PRESIDENT
PARALYMPICS SPORTS**

For more queries Call us on 7259407111

**SSB Aspiring Candidates of Sure Shot Academy
all across India on Zoom**

"WHY DID THE PAK TRIGGER KARGIL WAR ? "



A NARRATION BY:



COL. PADMANABHAN

SSB Aspiring Candidates of Sure Shot Academy all across India on Zoom

Activities as Managing Trustee



LIONS CLUBS INTERNATIONAL
DISTRICT 318 E
DISTRICT HOSPITAL, KANNUR



INAUGURAL FUNCTION OF PRESSURE INJECTOR for CT SCAN

On 23rd May 2022 @11.0 am
at Conference Hall, District Hospital, Kannur

INAUGURATION



MJF LN. YOHANNAN MATTATHIL
District Governor
Lions Club International District 318 E



In the Presence of
PMJF LN COL. PADMANABHAN P
Regional Chairperson Reg. XI
District 318 E



Presided by
MRS. P P DIVYA
President, District Panchayath
Kannur.

PROGRAMME

Welcome Speech : PMJF Ln. Col. Padmanabhan. P Regional Chairperson
Presidential Address : Mrs. P P Divya, President, District Panchayath, Kannur.
Inaugural Address : MJF Ln. Yohannan Mattathil, District Governor- 318E
Felicitation : Adv. Binoy Kurian Vice-president, District Panchayath, Kannur.
: Managing Director, L & T Infotech, Hyderabad.
: MJF Ln. Sidharthan Vannarath, Zone Chairperson
Vote of Thanks : Dr. Rajeevan V K , Superintended, Dist. Hosp. Kannur



PRESSURE INJECTOR
for CT SCAN CSR Fund By
L&T INFOTECH HYDERABAD

Pressure Injector SYS(CT Scan) District Hospital, Kannur

DHARMA CHARITABLE TRUST

Regd. No 147/4/2022

3rd Floor, Al Falah Building, Behind KSRTC Bus stand, Kannur, Kerala 670002

E- mail : dharmacharitable2022@gmail.com

Web site : dharmacharitabletrust.in

IT Exemption under 12A & 80 G Unique Regn. No. AAETD2408DF20221
SBI, SME Branch Kannur, Account No. 41479244970 IFSC SBIN 0007853

Managing Trustee



Lion Col. Padmanabhan PMJF
Mob: 9447 666 311, 8921 254 454



in Loving Memory of
Smt. Edathatta Sreedevi Amma



Lion V.P. Nandakumar PMJF
Past International Director
MD, Manappuram Foundation



Inauguration by

Lion CA. T K Rejeesh PMJF, District Governor

6 SEATER electric BUGGY DONATION TO MCC THALASSERY

on 22nd September 2023 at 11.00AM

PROGRAMME Welcome speech : Lion Col. Padmanabhan PMJF, Managing Trustee
Presidential Address : Dr. Satheesan, Director MCC
Inaugural Address : Lion CA. TK Rejeesh, District Governor
Address by : Representative, Manappuram Foundation
Felicitation : Lion Ragesh MC, Secretary Dharma Charitable Trust
: Lion Suseel Kumar V.P, Trustee
Vote of Thanks : Ms. Anitha Thayyil, HA
National Anthem



Six Seater Electric buggy for Malabar Cancer Centre

Newsletter # 11
December 2022



Ave Maria Palliative Care

(A unit of Centre for Development Studies and Education ®)
Mangala Nagara, Kudupu Post, Vamanjoor, Mangalore- 575 028
Phone: 7022620186 (C)
E-mail: ampalliativecare@yahoo.com
Website: www.avemariapalliativecare.org





Oxygen Plant System



Industrial Drier Machine



**20 Pers Including 10 differently abled students taking off from
Kannur airport to Trivandrum Airport**



**Dharma Charitable trust and Akkara Foundation sponsored
20 scholarships to differently abled students**



**Celebrated my birthday with inmates of
Ashraya Orphanage, Whitefeild, Bangalore on 05th November.
Arranged 4kg cake, made all november born to cut the cake**



Maithri Orphanage, Kannur



Azhikal Orphanage, Kannur



CAPS Special School Lunch and Electric Wheel-Chair to a 8 year old girl



Holi Mount Valliyannur Orphanage

FIVE(5) MORE ORPHANAGES WHERE FOOD WERE SERVED:-

- PRATHYASA BHAWAN ORPHANAGE
- HOPE ORPHANAGE
- MERI BHAWAN ORPHANAGE
- AMLA BHAWAN ORPHANAGE
- MERILAC BHAWAN ORPHANAGE
- NEW MALABAR ORPHANAGE
- HOLY MOUNT KANNUR
- DEVINE LIGHT BLIND SCHOOL`

ROLLING TROPHY WITH CASH AWARDS



**Rolling trophy and cash award to best student of APS
Kannur since 2012**



Best Lion of Lion District Standing First in Social Services



**Rolling trophy to the ward of JCO & OR of my regt
standing first in academics**



Best Cdt of Amravati NCC Gp (Mah)

FINANCIAL SUPPORT TO NEEDY



Donated Rs 50000 to Malabar Cancer Centre Hospital
for food for Patients



**Donated Rs 50000 to Special School Thalassery
for differently enabled students**



LIONS INTERNATIONAL

District 318 E

HC: Lions Club of Kozhikode Feroke



Paralympic Fantasia - 2024

3rd Feb 2024.



Thank You

Lion Col. Padmanabhan PMJF
(Additional Cabinet Secretary)
PARALYMPICS



*For your
Contribution of*
Rs. 15,000/-

**Program Grand Success
Thank you all**

Joint Cabinet Secretary
Lion P. Sasi Kumar MJF

With compliments : Lady Lions Forum

Program Director Lion Reeya Gupta MJF

**Sponsored lunch for the differently abled
students participated in
Paralympic Sports at Calicut**

**YOU TUBE VIDEOS DURING COVID TIMES UPLOADED
40 SSB RELATED VIDEOS FOR ASPIRANTS.
FEW OF THEM AS BELOW:-**



https://youtu.be/buPfJ765_pl?si=H-wS5UZ5qdR2IT3y

**LADIES! GOLDEN OPPORTUNITY!!
BE AN OFFICER IN
TERRITORIAL ARMY
TILL
42 YEARS**



**AN
INSIGHT
BY:**



**COL
PADMANABHAN**



Hindi News by Dainik Bhaskar...

Sponsored · 4.1★ FREE



Install

*Ladies ,Golden opportunity Be an officer in
Territorial Army till 42 years!!!*

<https://youtu.be/ePRXdljIOwo?si=aBO2wwAIAAUTM8GC>

SSB DAY 2

PSYCHOLOGICAL TEST

Thematic Appreciation Test (TAT)

HOW TO PREPARE ?

AN OVERVIEW BY

COL PADMANABHAN



SSB DAY 2: THEMATIC APPRE TEST (TAT)

<https://youtu.be/IYx1M5vaVec?si=YtLUN9i4nOxDK1eS>

HOW TO TACKLE GROUP DISCUSSION

SELECTION PROCEDURE FOR **SSB** AND **CORPORATE WORLD**



An overview by:
Col Padmanabhan

<https://youtu.be/XEo4LaqpEGs?si=u1miMftjEH4ZaB0p>

Sponsoring dialysis for 20 Below Poverty Line(BPL) patients at District Hospital, Kannur for 61 months(five years plus). Details obtained from District Hospital as below:

Month	Date	Amount	Beneficiary Name	Beneficiary ID	
November 2022	19/2/2020	Rs. 4000/-			
	13/7/2020	Rs. 8000/-			
	11/8/2020	Rs. 8000/-			
	16/9/2020	Rs. 8000/-			
	21/10/2020	Rs. 8000/-			
	15/11/2020	Rs. 8000/-			
	21/12/2020	Rs. 8000/-			
	19/7/2022	8000			
	17/8/2022	8000			
	4/9/2022	8000			
	11/11/2022	8000			
	4/8/2023	8000			
	26/10/2023	8000			
	19/12/2023	8000			
	9/7/2024	5000			
	August 2023	18/8/23	262256	Shyji Jerash	17321
		4/8/23		Mahamood	17326
				Mahamood	17322
				Mahamood	17374
		18/8/23	9380	Pradeepan	17325
18/8/23		328209	Rasheed	17323	
5/8/23		3331	Mahamood P.V	17377	
6/8/23		3330	Mahamood P.V	17376	
8/8/23		3820	Pradeepan	17371	
8/8/23		326209	Rasheed	17374	
8/8/23		3331	Mahamood P.V	17377	
9/8/23		4445	Mahamood P.V	17379	
10/8/23		3331	Mahamood P.V	17376	
10/8/23		3320	Pradeepan	17374	
17/8/23		7583	Chandran	17374	
19/8/23		7583	Chandran	17374	
26/8/2023		4583	Chandran	17374	
27/8/23		4583	Chandran	17374	
September 2023		1/9/23	20709	Pradeepan	17371
	2/9/23	20704	Chandran	17371	
	3/9/23	20594	Pradeepan	17371	
	5/9/23	23123	Mahamood P.V	17371	
	6/9/23	20144	Chandran	17371	
	21/9/23	20586	Mahamood	17371	
	22/9/23	20586	Mahamood	17371	
	23/9/23	20586	Mahamood	17371	
	24/9/23	20586	Mahamood	17371	
	25/9/23	20586	Mahamood	17371	
	26/9/23	20586	Mahamood	17371	
	27/9/23	20586	Mahamood	17371	
October 2023	1/10/23	3331	Mahamood P.V	27492	
	2/10/23	3330	Pradeepan	27492	
	9/10/23	3331	Pradeepan	27492	
	10/10/23	3330	Pradeepan	27492	
	11/10/23	3331	Mahamood	27492	
	12/10/23	3331	Mahamood	27492	
	13/10/23	3331	Mahamood	27492	
	14/10/23	3331	Mahamood	27492	
	15/10/23	3331	Mahamood	27492	
	16/10/23	3331	Mahamood	27492	
	17/10/23	3331	Mahamood	27492	
	18/10/23	3331	Mahamood	27492	
November 2023	1/11/23	3331	Mahamood P.V	27492	
	2/11/23	3330	Pradeepan	27492	
	3/11/23	3331	Pradeepan	27492	
	4/11/23	3330	Pradeepan	27492	
	5/11/23	3331	Mahamood	27492	
	6/11/23	3331	Mahamood	27492	
	7/11/23	3331	Mahamood	27492	
	8/11/23	3331	Mahamood	27492	
	9/11/23	3331	Mahamood	27492	
	10/11/23	3331	Mahamood	27492	
	11/11/23	3331	Mahamood	27492	
	12/11/23	3331	Mahamood	27492	
December 2023	1/12/23	3331	Mahamood P.V	27492	
	2/12/23	3330	Pradeepan	27492	
	3/12/23	3331	Pradeepan	27492	
	4/12/23	3330	Pradeepan	27492	
	5/12/23	3331	Mahamood	27492	
	6/12/23	3331	Mahamood	27492	
	7/12/23	3331	Mahamood	27492	
	8/12/23	3331	Mahamood	27492	
	9/12/23	3331	Mahamood	27492	
	10/12/23	3331	Mahamood	27492	
	11/12/23	3331	Mahamood	27492	
	12/12/23	3331	Mahamood	27492	

ACHIEVEMENT IN NCC

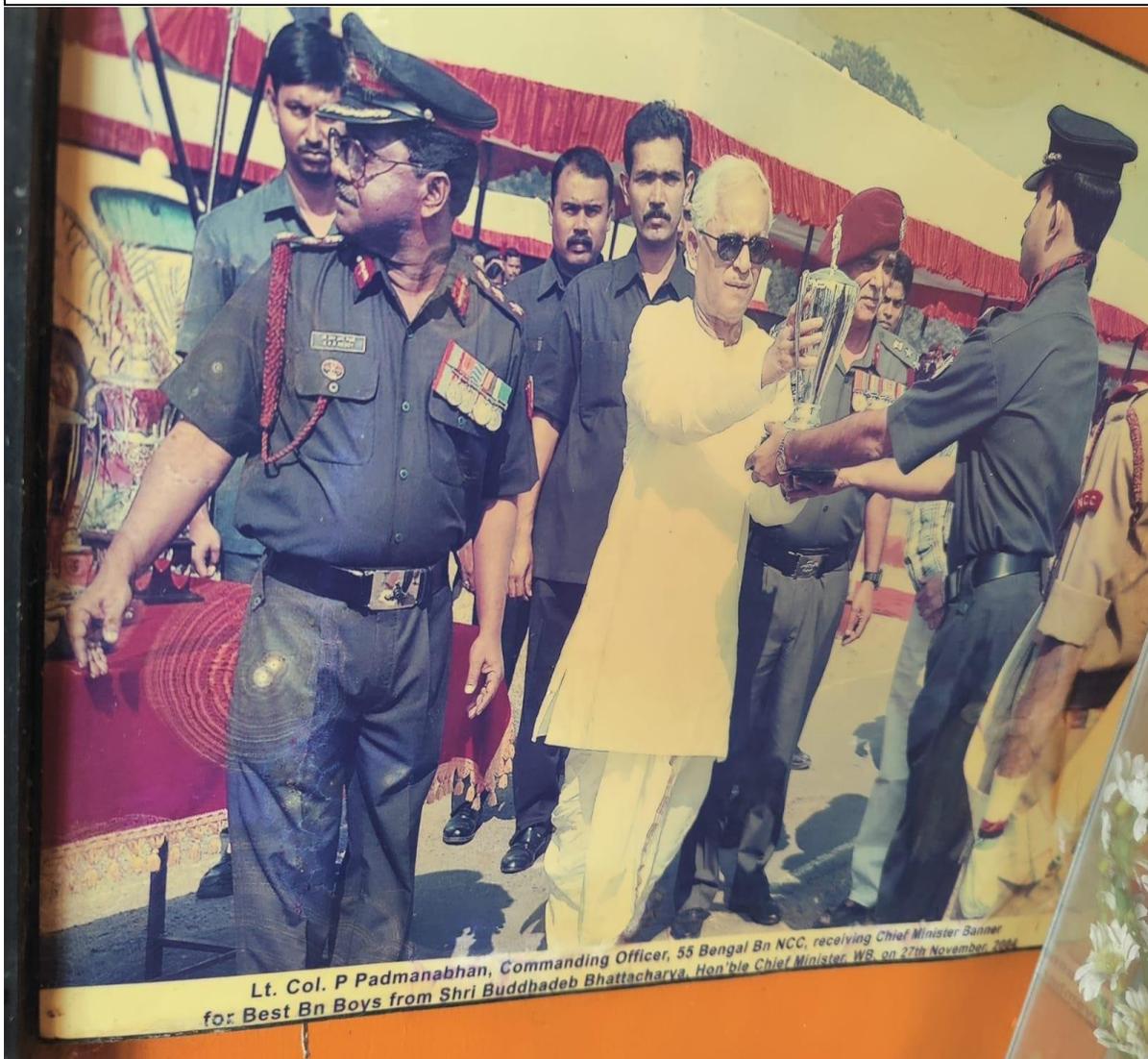
On being posted to NCC Gp AMRAVATI(MAH),
Received Chief Minister Banner for Three
Years(2006 -2008) from Sri Vilas Rao Deshmukh



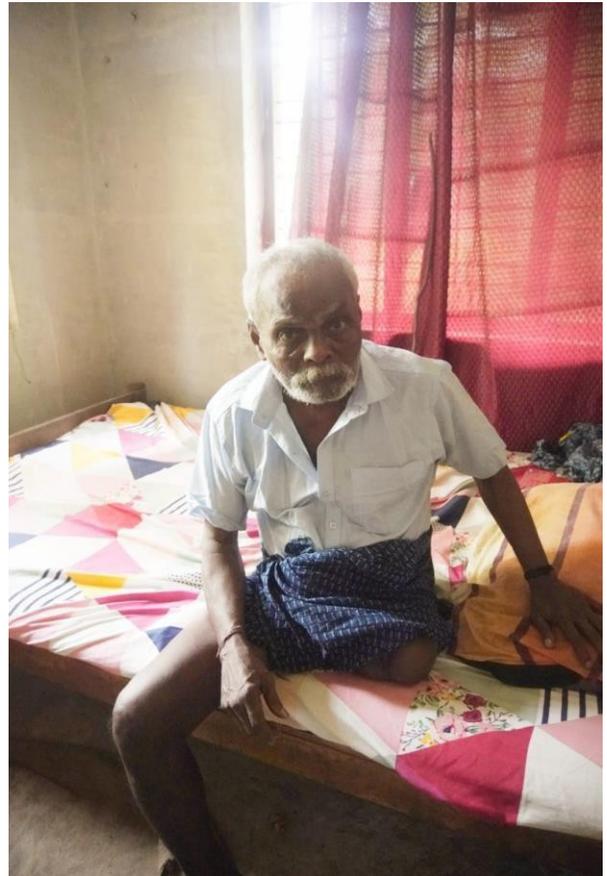
THE CM VILASRAO DESHMUKH PRESENTING BANNER TO NCC (AMRAVATI. BRIG R C SHARD DY DG & COL P PADMANABHAN GP CD AMRAVATI IN ATTENDANCE.

cadets representing / Anti-Female Foeticide
that national / Day observed

Received Chief Minister Banner from West Bengal and Sikkim Directorate for two years (2004 & 2005) Sri Budh Deb Bhattacharjee



ARTIFICIAL LIMP TO AN AMPUTATED PATIENT



This person named Raju is 65yrs old. He is from Chengannur (Allepy). Got his leg amputated due to diabetic neuropathy year back. Daugher contacted me if I could help him in arranging an artificial limp. I arranged with a firm in Chennai. Today evening he, his daughter and a bystander are leaving for Chennai to get it fitted. So poor, they could not afford train ticket for the trip.I arranged it.

Artificial limb was put at Chennai Firm on 23 Mar 25



DONATION TO ORTHOTIC CAMP



Lions International
District 318E
"Take the Lead to Serve the Need"

ORTHOTIC CAMP

HOST : LIONS CLUB OF PAYYANUR

Sunday 2nd March 2025
Venue :
Payyanur Lions Club Hall
(Lion Dr. A.V.Karunakaran Memorial Lions
Community Centre, Thayineri, Payyanur)

Lion Ravi Gupta PMJF
First VDG

Lion Taitas Thomas MJF
Second VDG

Lion Col PADMANABHAN PMJF
LC PILATHARA

Congratulations

DONATED 2 ORTHOTIC

10000/-

Lion Er. T. Ratheesh Kumar PMJF
ACS, District Orthotic Camp

Lion Jacob Lonan MJF
JCS, District Orthotic Camp

Lion Suresh Kormath MJF
RC, Region VI

Lion Dinesh Kumar TCV PMJF
ZC, Zone 1

Lion Gangadharan Allakkot PMJF
President, LC Payyanur

Today, there were 26 differently abled children and aged pers present during the special equipment fitting session.

The happiness on their face while fitting the specifically made harness was quite inexplicable. It gave me lot of Solace that I could support two special children today.

**New Malabar Orphanage Kasaragod.
120 aged inmates both male and female of all
religions.Very deplorable state.
Arranged lunch of their Choice on 23 Jun25.
Sponsored by Managing Trustee.
Dharma Charitable Trust
Col Padmanabhan**





Dharma Charitable Trust organised Lunch at HOLI MOUNT at Valiyannur Kannur.It has 75 inmates both male and female of all religion and all states of India.

Arranged lunch on 02 Jul.

Spent time on Interaction with the inmates .







**SPONSORED LUNCH TO DEVINE LIGHT BLIND SCHOOL,
WHITEFIELD BANGALORE**



On 18th July, lunch was organised for the inmates of DEVINE LIGHT BLIND SCHOOL WHITEFIELD BANGALORE. It has 25 inmates and 8 staff.

SPONSORED WHEEL CHAIRS TO HOLY MOUNT ORPHANAGE KANNUR





On 31 Jul 25, we had been to HOLY MOUNT KANNUR and donated WHEEL CHAIRS to the physically handicapped inmates of the Orphanage. On 02 Jul while organising Lunch for the inmates and staff, FATHER, requested if we could sponsor WHEEL CHAIRS and the same has been done today.

CSR ACTIVITIES AS CHIEF ADVISER TO District Governor 318E



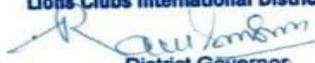
TO WHOMSOEVER IT MAY CONCERN

This is to certify that PMJF Lion Col. PADMANABHAN was Chief Adviser to District Governor Dist 318E on CSR projects during the year 2024-25. During the Lionistic year he has carried out the following CSR projects successfully:

- (a) Drinking Water project for 150 schools located in the Rural villages of Kozhikode, Mahe, Kannur, Kasaragod and Wayanad costing Rs 30 lakh from Lions Clubs International Foundation.
- (b) Arranged Rs 10 lakh for the emergency grant for the inhabitants of Wayanad District when the natural catastrophe struck.
- (c) Arranged Rs 15 lakh to set up Six home, two each to the homeless family of Kozhikode, Kannur and Kasaragod.

During the Lionistic year, his services was a great support towards the implementation of CSR projects.

I wish him all success to his philanthropic endeavor ahead.

Lions Clubs International District 318 E

District Governor

Lion K V Ramachandran

District Governor

Lions Clubs International District 318E 2024-25

Lions International District 318 E
Reg. Office:
Chithra Nakshathra Arcade,
Pilathara P.O.,
Kannur - 670 504
E-mail: lionsoffice318e2024.25@gmail.com

 lionsoffice318e2024.25@gmail.com

District Governor letter on my CSR activity



Sukumaran, a Toddy Tapper from Korom Village, Payyanur, accidentally slipped and fell down from the coconut tree ,broke his Ankle and is bed ridden, undergoing treatment from calicut medical college. He belongs to Below Poverty Line (BPL) category.Met him today at home (04 Aug 25),extended financial assistance.

AMALA BHAWAN Orphanage in Kannur. It has around 100 inmates belonging to almost all states of India belonging to all religions. 80% of inmates are psychiatric patients.



ROLLING TROPHY



St Joseph College Pilathara is one of the reputed Colleges in Kerala. It has 17 departments of various disciplines both UG and PG. I have instituted this ROLLING TROPHY and CASH AWARD for the BEST Student as per the SOP .

Ms HIBA FATIMA (Mananagement Studies) is the recipient this year. The Function was held on 29 Sept 25.

This is the 5th ROLLING TROPHY And CASH AWARD I have instituted in Academic Institutions to MOTIVATE STUDENTS.

Dharma Charitable Trust organized lunch for the inmates of AMALA BHAWAN ORPHANAGE at Kannur. It has 100 female inmates, mostly psychiatric patients. We spent more than one hour making most of them sing songs and dance. This was followed by lunch. The function was organized on 23 september 2025.



AMALA BHAWAN ORPHANAGE is in Kannur. It has 100 female inmates from various states of different religions. Col Padmanabhan, Managing Trustee, Dharma Charitable Trust donated 100 Blankets to all inmates yesterday (03 Nov 25). Wife and Son also joined to distribute the Blankets.



People for Animal welfare is a Trust run by Dr prabhu in kannur. This org takes care of stray dogs. Col Padmanabhan, Managing Trustee Dharma Charitable Trust donated Rs10,000/ for the welfare activities of Animal

PEOPLE FOR ANIMAL WELFARE
Reg. Office : S.M. Hospital Building, Thana, Kannur - 670 012
Trust Reg. No. : 92/IV/14

No. **966** Date 20.10.2025

Received with thanks from Col. Padmanabhan

sum of Rupees Ten thousand only

Cash/Cheque No. Dated Bank Bank transfer

..... towards Donation

₹ **10,000/-**

Juskanabekh
Treasurer

Donations to the trust will be eligible for tax deduction under section 80G of the income tax act vide Reg. No. AAETP1914GF20212 Dt. 24.9.2021.
PAN No. AAETP1914G